

How I Conduct Telehealth Sessions

I am using telehealth (Doxy.me). I have tested the system from a computer and cell phone and both work well using a standard browser (Safari, Firefox or Chrome). The audio and visual are good and Doxy.me complies with privacy requirements (i.e. HIPAA compliant). No download or APP is necessary.

TO ACCESS

1. Go to <https://doxy.me/bethwestbrook>
2. Then enter your name in the box and “check in” at least 5 minutes prior to your appointment.
3. Click on the box to enable camera and allow audio
4. You should now see yourself on the screen and I will see you are in the “waiting room”.

If you experience any problems, call me at 503 860 0614.

Beth Westbrook